

Comfortable Cloth Mask

This mask is size adjustable with ties. **Note:** My mannequin is smaller than an average adult.



I borrowed this pattern shape from a Cricut Project <https://ds4.cricut.com/#/landing/project-detail/5e7670094d19fd33306eb656> but I changed the instructions given. I have made quite a few and I needed to streamline the process for myself.

You can make two masks out of a fat quarter or eight masks out of a yard of 45 inch cotton fabric. You will also need two strips of fabric cut 1 1/2 inch wide and 45 inches long for the ties for one mask.

1. Sew the curved edge of the first two pieces. Then under stitch this seam. To do this open the fabric with the right sides facing you and peak of the curve at the top. Folding the seam allowance to the left at the same time. Stitch about an 1/8 of an inch to the left of the first seam to catch the seam allowance on the under side. The reason for under stitching the edge is because of the sharp curve.

Under stitching these seams will make it much easier and faster to press and the mask will not lose its shape when it is washed. It will save time in the long run.

Then sew the next pieces of the fabric together **exactly** the same way.

2. Here is the reason, when under stitching, I always start sewing at the top of the peak and place my seam allowance to the left.

When I sew the two halves together along the second curved edge I can snug the previous two seams together at the top of the peak. One seam will be to the right and one to the left making a less bulky seam. This part of the mask goes over the bridge of the nose. Now under stitch this curved seam as well for the same reason.



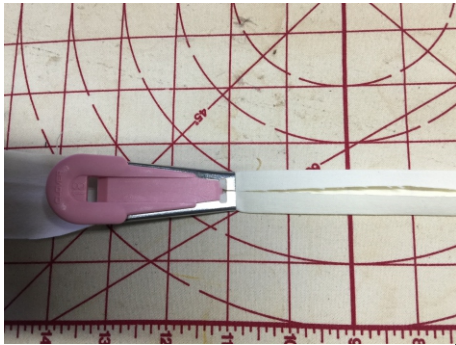
Under stitching the first seam



Under stitching the second seam with the first seams together at the top of the peak.



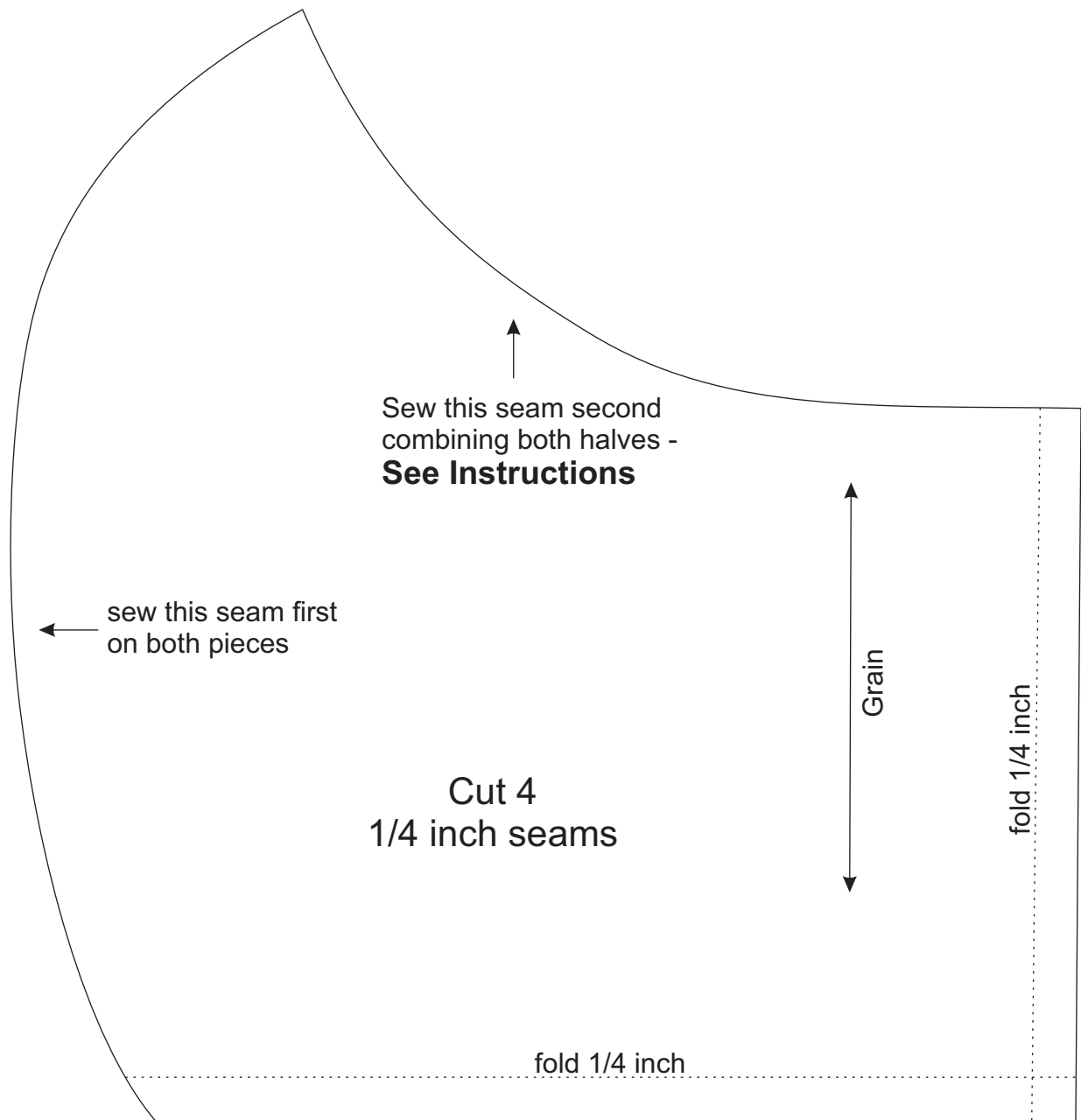
3. Press the remaining raw edges in 1/4 inch. Pressing the curves now will be easy to do. Press the raw edges of the strips of fabric in toward the center. I have a tool made by Clover for doing this but if you do not have one you can make a guide with two long pins as shown in the photo.



4. Top stitch the folded edges of the strips to together and cut two 16 1/2 inches long and two more that are 11 1/2 inches long. The two longer ties go over the head at the top of the mask. The shorter ties go around the back of the neck.

Insert the ties into the open folded raw edges. Place the longer ones at the top and the shorter ones at the bottom of the mask. Top stitch around the edge to secure the ties and close the mask.





For the ties: Cut strips of fabric 1 1/2 inch wide. For 1 mask you need 2 strips 16.5 inches long and 2 strips 11.5 inches long.